



Week 4. THE “YOU”: DISCOVERING AND MEETING YOUR CHILD AS FULLY AS POSSIBLE

RESOURCES

BOOKS:

Nurture the Nature – Understanding and Supporting your Child’s Unique Core Personality
by Michael Gurian

And other books by Michael Gurian: *Boys and Girls learn differently; The Wonder of Girls;*
The Wonder of Boys

Attaching in Adoption – Practical Tools for Today’s Parents by Deborah D. Gray

MUSIC:

Folkvisor – Jazz pa Svenska and Jazz pa Ryska by Jan Johansson (used in this week’s
practice session: Track 9 *Leksands skänklåt*)

WEB LINK:

Article by Dr. Sears on 12 Ways to help your child develop self-confidence:

<http://www.askdrsears.com/topics/child-rearing-and-development/12-ways-help-your-child-build-self-confidence>