



Week 5. NAVIGATING THE “IT”: INTERFACE WITH THE WORLD ~ My Roles as a Parent

RESOURCES

BOOKS:

The Whole-Brain Child – 12 Revolutionary Strategies to Nurture Your Child’s Developing Mind
by Daniel J. Siegel and Tina Payne Bryson

The Shelter of Each Other: Rebuilding Our Families by Mary Pipher

WEB LINKS:

www.drdansiegel.com >> info on Dr. Dan Siegel and the Mindsight Institute’s work

www.michaelgurian.com >> info on Michael Gurian and the Gurian Institute’s work

www.gordonneufeld.com >> info on Dr. Gordon Neufeld and the Neufeld Institute’s work

<http://www.youtube.com/watch?v=f9qNX0S1Btk> >> *Never ever never step on the cracks: Charlie and Lola* – an 11-minute story that illustrates how what we say may inadvertently cause worry and unnecessary concern in younger children who take things literally, and how we can help our children make sense and integrate when something does bother them.)